



501 Willow Ave. & 1131  
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[www.hobokenca.com](http://www.hobokenca.com)

Dear Parents,

February is here and it's jam-packed with celebrations to keep the children engaged in learning activities that help develop their emerging skills. With Valentine's Day fast approaching, thoughts of love and special people are all around!

During the month, the children will be learning about Dinosaurs, Valentine's Day, we love our teeth, and Nutritional Health.

February is Dental Health and Heart Health month. During the last two weeks, we'll take a look at healthy habits that promote good health in general. We will be talking about healthy foods as well as doing some hands-on activities to motivate everyone. We are striving to establish good, healthy habits early - it's never too soon to begin healthy habits that will last a lifetime!

Happy Valentine's Day!

Fondly, The HCA Management Team



Alli (HCA1) Feb 2<sup>nd</sup>  
Ms. Stephanie (HCA1) Feb 8<sup>th</sup>  
Ms. Norma (HCA2) Feb 10<sup>th</sup>  
Rishaan (HCA1) Feb 15<sup>th</sup>  
Lyla (HCA2) Feb 17<sup>th</sup>  
Celia (HCA1) Feb 23<sup>rd</sup>

**Our HCA Family Is Growing**

Gemma (HCA2) Infant Room

**Upcoming Events**

On Monday Feb. 19<sup>th</sup> We will be closed in observance of Presidents Day!

